



WHERE Conner High School – 3310 Cougar Path, Hebron, KY41048

WEIGH-INS / REGISTRATION
 Friday, March 12, 2010
 • All Age Groups 6:00 – 7:30 p.m.
 Saturday, March 13, 2010
 • All Age Groups 7:30 – 8:30 a.m

START TIMES All Age Groups start at 9:30 s.m.

AWARDS/QUALIFIERS Top 3 places will be awarded medals. Top 4 places qualify for the 2010 Border Wars Folkstyle National Championships.

ENTRY FEE \$15.00 per entry emailed by March 10, 2010 ~ NO walk-up registration

Email registration to:
barbarawolnitzek@yahoo.com

AGE GROUPS A wrestler’s age on the date of the qualifying tournament will determine his/her age group for that particular tournament. If a wrestler is 12 years old now and turns 13 before the Border Wars National Championships and qualifies in the 11&12 age group, then that wrestler will have to participate in the Border Wars Championships at the 13&14 age group. This is the same for all age groups!

RULES Modified High School Rules:
 Age Groups – 5&6, 7&8, 9&10: three 1 minute periods
 Age Groups – 11&12, 13&14, 15-18: three 1 ½ minute periods
 ** Singlet or shorts & shirts are required ~ HEADGEAR IS MANDATORY**

WEIGHT CLASSES
5&6: 35, 40, 45, 50, 55, 60, 70, HWT (limit 91 lbs.)
7&8: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT (limit 105 lbs.)
9&10: 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, HWT (limit 145 lbs.)
11&12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT (limit 200 lbs.)
13&14: 75, 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, HWT (limit 255 lbs.)
15&18: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, HWT. (limit 285 lbs.)

CONTACT Barbara Wolnitzek Phone: 859-586-8991 Email : barbarawolnitzek@yahoo.com Web: www.cougarkids.org

CONNER COUGAR OPEN

NAME _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 EMAIL _____ PHONE _____
 CLUB or SCHOOL _____
 BIRTHDATE _____ AGE GROUP _____